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# Findings from this study confirm the positive and lingering effects of Reiki in women hospitalized for obstetrical and gynecological conditions. <sup>[1]</sup> - GreenMedInfo Summary

n/a

## Abstract Title:

Effects of Reiki on Pain and Anxiety in Women Hospitalized for Obstetrical- and Gynecological-Related Conditions.

## Abstract Source:

## Abstract Author(s):

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## Article Affiliation:

Ann Bondi

## Abstract:

: To determine the effect of Reiki on pain and anxiety in women in antepartum, intrapartum, postpartum, gynecology, and gyn/oncology, settings.: This exploratory, comparative study used a Likert-type scale of 0 to 10 to measure pain and anxiety, and a survey asking about lingering effects of treatment.: Mean pain scores after Reiki significantly decreased from 3.24 to 1.52 (= 203;  $z = -11.67, <.001$ ). Mean anxiety scores after Reiki significantly decreased from 3.56 to 1.28 (= 195;  $z = -11.42, <.001$ ). Women were asked if the effects lingered for any length of time post-Reiki treatment, and 91 of 101 responded affirmatively that decreased pain and/or anxiety continued.: Findings from this study confirm the positive and lingering effects of Reiki in women hospitalized for obstetrical and gynecological conditions.

**Article Published Date** : Jul 02, 2020

**Study Type** : Human Study

## Additional Links

**Diseases** : [Birth: Labor & Delivery](#) : CK(557) : AC(50) <sup>[2]</sup>

**Therapeutic Actions** : [Reiki Therapy](#) : CK(186) : AC(22) <sup>[3]</sup>

**Pharmacological Actions** : [Analgesics](#) : CK(3498) : AC(646) <sup>[4]</sup>

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- [4] <https://greenmedinfo.com/pharmacological-action/analgesics>
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